

2026



*L'Isle-aux-Coudres ...
so much more than
just a summer love!*



TRAVEL JOURNAL

*Free Ferry
crossing*

for the english version of the guide :



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TOURISME ISLE
AUX
COUDRES

Your Travel Essentials



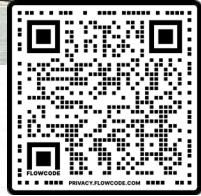
Tourist Information



Don't forget



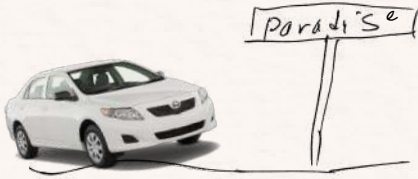
Ferry Schedule



 **Desjardins**

418-438-2555
desjardins.com

As a key player in local development, the Desjardins Caisse of Charlevoix supports the communities it serves. On L'Isle-aux-Coudres, the service centre provides access to a 24/7 ATM—an essential service for both residents and visitors.



*Parce...si
vous préférez
l'entendre,
je vous la
raconte ici!*



Memories that stay with You



*Emilie Lajoie
General Director*



I remember... Not the motto written on our license plates, whose meaning has sadly faded over time, but rather those memories, those scents, those first encounters that never leave us once they've taken root in our hearts.

I remember the very first time I came here, to L'Isle-aux-Coudres. It was a weekend in November 2014. Sitting in the white Toyota Corolla of that "kid from the Isle" who was taking me to meet his family for the first time, I looked up at the dark sky of that Friday night and saw the majestic mountains wrapping themselves around an island I had yet to discover.

I remember the fresh air I breathed in deeply as I walked along the deck of the ferry carrying us from one shore to the other. That strange feeling of having left behind, on the shore of Saint-Joseph-de-la-Rive, a kind of pressure I had grown used to—as a girl from the city.

I clearly remember the image of a woman, standing at the window of one of the houses around the island, nervously twisting a strand of her hair as she impatiently waited for her son to arrive.

I remember the comforting smell of the gourgane soup she had prepared for our arrival, and the abundance of food she had laid out on the table... "just in case," she had said.

That weekend, I felt like it was Halloween. I walked into a dozen homes, one after another. But instead of candy, I was offered gin and tonics, stories, and that warm, legendary welcome that defines the Isle. I met one person, then another—the son of someone, the daughter of someone else. I remember being both amused and fascinated by the nicknames people used here. I tried to follow the conversations—"oh yeah! Ti-Coune, son of Ti-Chose!" and "ahh! what a dreamer!"

The recipe for gourgane soup can be found on page 35.

I remember being completely charmed by these exchanges, by this colourful way of speaking I later came to call "chouenner."

I remember when Jos (that "kid from the Isle") told me we were going to visit Mamie, and how unsure I felt as he led me through the aisles of the village grocery store—until, behind a massive beer fridge, like a secret door, Mamie's home suddenly appeared.

I remember the hundreds of mobiles hanging from the ceiling, chiming softly behind my head as I brushed past them. I remember catching sight of Mamie, her hand resting on her cheek, gently rocking, and watching her wide smile spread as she saw her Jos arrive.

I remember the many grocery store employees coming in and out of her personal kitchen, stopping by for lunch or simply to say hello. And I remember how every single one of them called her "Mamie"... as if she were the grandmother of the entire Isle. I remember my first New Year's Day here, a few weeks later. Those incredible talents who, for the length of a performance, introduced me to their traditions, their roots.

I remember feeling like crying when people in the bar began to jig and perform a "plongeuse." I remember feeling clumsy, but so incredibly happy to be spinning among them.

If someone had told me then that, 11 years later, I would have the immense privilege of becoming the General Director of Tourisme Isle-aux-Coudres... that I would work every day with these Marsouins, these entrepreneurs and artisans who are so passionate and deeply human...

If someone had told me that the woman who was twisting a strand of her hair at her window that November night in 2014, waiting for her son, would be rocking my daughter to sleep a decade later... that the woman everyone called "Mamie" would, over the years, become a little bit mine too... and that this island, which I didn't yet know, would become my home, my place to return to...

If someone had told me all that... I would have believed them.

Because that night in November, on the ferry, between those majestic mountains that seemed to embrace the Isle, I felt—for the very first time in my life—that I was arriving home.

To you reading these words, thank you for choosing our island to weave your own vacation memories, memories that, I'm sure, will stay with you for a long time.

*In loving
memory of
Mamie
(1942-2026)*



Émilie Lajoie



Words from here *Our expressions*

Colorful expressions and vivid verbs a way all their own of telling stories and keeping up with one another. A way of speaking that carries the Island's history and traditions through words. Here, people speak "marsouin." Here are a few words that tell its story, described by those who live it.



just



Bla bla bla

Le coudrier

"If Cartier had seen something else... we might be called something else today!"

"The wind can talk to it as loudly as it wants... the coudrier listens and keeps on growing anyway!"

"Tourists ask me if the coudrier can predict the weather... maybe it can—but we've got the Internet now!"

"If it grows here, it means it can handle it!"

Bla bla bla **Les marsouins**

"A Marsouin? Well... that's us!"

"We were born surrounded by water... it shapes who we are."

"A Marsouin might leave... but always comes back."

"We're not perfect... but we're from here!"

"Marsouin? It means we know who your grandfather is."

"There are Marsouins by adoption... we recognize them, but we keep them anyway."

"A Marsouin by adoption? It means you've been here long enough that we still know who your grandfather is!"

Chouenner

"We're not chouennering... we're just being precise!"

"Chouenner means talking long enough for it to become interesting."

"It's not gossip... it's community information."

"Chouenner? Well... it's kind of what we're doing right now."

"For all that, I wouldn't dare confine it to a single definition. Suffice it to say, for those willing to hear it, that it encompasses every form of spoken language, from simple boasting to any eloquent way of speaking wonders."

— Pierre Perreault

La Mi-Carême

"You can hide your face, but not the way you dance!"

"We know it's someone we know... but sometimes, we guess wrong."

"The best part isn't guessing... it's watching them go!"

"It wasn't for Mi-Carême... the joy of Mi-Carême... it was to go see the girls!!! Wherever there weren't any girls, we didn't stay long... we went to every house!!!"



Things to do & see



la madone, 2025



Step into the story

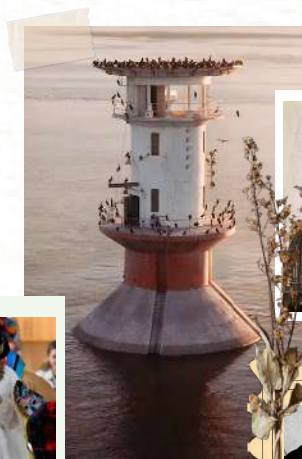


Step into the story

This year, the heritage circuit is getting a fresh new look. L'Isle-aux-Coudres is more than just a backdrop. It's an island shaped by the river, by traditions, and by the generations who have lived here.

All around the Isle, stop at the different interpretation panels and let yourself be told the stories of past trades, local celebrations, our roots, and the moments that have shaped both the island and the people who live here.

A digital experience accompanies the route: scan, listen, explore!
The story is there yours to discover.



mi-carême 24



The Road to Happiness



One of the greatest joys here, on L'Isle-aux-Coudres, is circling the island and taking in the scenery. Some do it on foot, like the pilgrims of the Compostelle walk, who kick off the season in early May in their hiking boots. Others choose to run it during L'Échappée, in mid-June. Some drive it, and many choose to discover the island by bike. So that everyone can fully enjoy their "tournette" (a local way of saying a loop around the island), we invite you to share the road with safety, courtesy, and respect. Signal your intentions, keep to the right, and yield when necessary.

*Smile and let's all enjoy these
23 kilometres together.*

Centre Vélo-Coudres

33 velocoudres.com
418-438-2118



To discover L'Isle-aux-Coudres at your own pace, there's nothing better than hitting the road by bike. At Vélo-Coudres, you'll find everything you need to set off on an adventure: city bikes, hybrids, electric bikes, and tandems. They also offer a quadricycle that can accommodate up to six adults and two children a fun little machine that turns heads all over the island and brings smiles to both those riding it and those watching it go by. On-site parking is free with any rental, and roadside assistance is available, so you can enjoy your ride with complete peace of mind.



At the bottom of La Balsains hills



L'Échappée de L'Isle-aux-Coudres

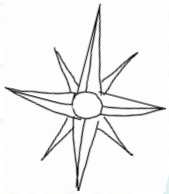
15 echappeeiac.com
581-996-6400

For the past three years, L'Échappée de L'Isle-aux-Coudres has been inviting runners to experience the island in a different way. For its 4th edition, the event offers both road and trail courses ranging from 1 to 23 km, set against the unique backdrop of the St. Lawrence River.

Here, you run to the rhythm of the tides, carried by the friendly atmosphere and the warm welcome that L'Isle-aux-Coudres is known for. Whether you're an experienced runner or simply looking for a beautiful active getaway, L'Échappée de L'Isle-aux-Coudres has become a beloved early-summer event.

A perfect opportunity to experience the Isle differently, over the course of an active and festive weekend

*Push your limits...
in a breathtaking setting!*



Date
June 23 to
October 12,
2026

The treasure hunt

3 tourismeisleauxcoudres.com/tresor
418-760-1066

Over the years, the Tourisme Isle-aux-Coudres treasure hunt has become a beloved summer tradition. An invitation to explore the island in a fun and independent way, in search of a hidden treasure.

Find it and win \$300 in gift certificates redeemable with members of Tourisme Isle-aux-Coudres. Participation prizes will also be drawn at the end of the season!



Le Monde de Sarah

f: @lemondedesarah
581-459-3261



Sarah and her family welcome you to the banks of the St. Lawrence River. A path filled with antique finds and small handmade projects leads you to a welcoming haven that is more than just a workshop and boutique; it's also an educational and alternative space. Wagons, bouquets of wildflowers, and chickens guide you to Au Monde de Sarah, a small, eclectic space where femininity meets the artist's dark and luminous imagination, as well as the boundless creativity of her partner and their child. Here, art is democratic. This year, the creators are using a "fair payment" model, emphasizing voluntary donations and a price list. This creative space awaits you to share art, the beauty of the environment, and an alternative worldview.

Also every Saturday, Sarah offers macaron-making workshops. She wants to share creative secrets to help you create small, tangible memories.



Sarah Deschênes, artist

her son!



Le Symposium, une bouffée de couleurs



581-982-1701

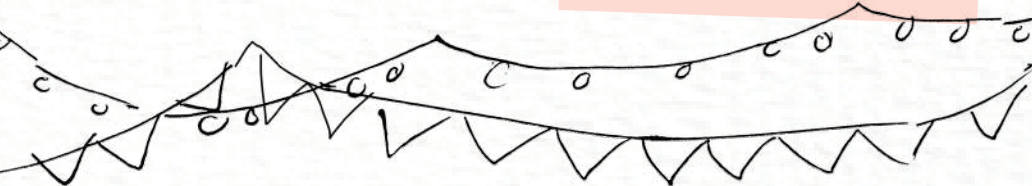
symposiumunebouffeedecouleurs.ca



For a third year, the Symposium of L'Isle-aux-Coudres will bring a vibrant burst of colour to the island. Around twenty renowned painters will showcase their work and share their passion. An inspiring event for art lovers—and for anyone who simply wants to discover and be amazed.



*August 7-8-9, 2026
at St. Bernard Church*



Foutue fin de semaine



lesproductionsdurire.com
514-346-8643

Alexandra and Alexandre don't know each other and have absolutely nothing in common. They don't go to the same places, don't share the same habits, and live very different lives. Looking for a change of scenery, each decides to treat themselves to a sunny weekend in the Caribbean... alone. But a booking mistake forces them to share the same bungalow. What was supposed to be a peaceful getaway quickly turns into an awkward cohabitation full of misunderstandings, mix-ups, and unexpected situations. Foutue fin de semaine, starring Carole B. Thomas and Jamin Chtouki, promises a light and entertaining evening—a great way to enhance your stay on the Isle.

Dates

*July 3 to
September 6*

Duration:

1 hr 30 min



LA GRANGE DE LA FASCINE

ISLE-AUX-COUDRES



CAPOCCO © 2025



PROGRAMMATION PRINTANNIÈRE

1^{ER} MAI

WEEK-END
DE COMPOSTELLE
FRED PÉLOQUIN

9 MAI

LANCEMENT DE LIVRE
MARIO PÉRIARD
SUIVIE D'UNE SPIRÉE
CINÉMA ANIMÉE PAR
ANDRÉ GLADU
« LA VOIX DES FRANÇAIS
D'AMÉRIQUE »

16 MAI

EN COLLABO AVEC
FIERTÉ CHARLEVOIX
Océane Aqua
BLACK LA CÉLÈBRE
DRAG QUEEN AUX
PROPOS SULFUREUX

5-6 JUIN

**VANLIFE &
TOURNETTE**
GRAND RASSEMBLEMENT
POUR LES FANS DE VAN
LIFE. SPECTACLE ET
ANIMATION, BOUFFE,
YOGA, TOURNETTE EN
MINIBUS ET - ENCORE !

PROGRAMMATION ESTIVALE

6 JUIN **CHARLY YAPO**

13 JUIN **PHILIPPE B**

20 JUIN FÊTE DE L'AVANT ST-JEAN
AVEC LES JEUNES DE L'ISLE

24 JUIN SPECTACLE FÊTE NATIONALE

26 JUIN **ÉMILE LONDONIEN**

3 JUIL **MÉLISSA BÉDARD**

10 JUIL **LES SŒURS BOULAY**

& **ELLIOT MAGINOT**

18 JUIL **DANIEL BOUCHER**

24 JUIL **ALAIN TREMBLAY**

& SES VIEUX CHUMS 2.0

25 JUIL **GUY BÉLANGER**

29 JUIL **DAMIEN ROBITAILLE**

30 JUIL **ALICE & PAPILLON** (PLATEAU DOUBLE)

31 JUIL **RICK ET LES BONS MOMENTS**

6 AOÛT **LES CORNETS** (HUMOUR)

15 AOÛT **LES DALES HA WERCHUK**

20 AOÛT **ALEXANDRE FOREST** (HUMOUR)

22 AOÛT **MICHEL PAGLIARO**

26 AOÛT **HOMMAGE À FIORI SÉGUIN**

29 AOÛT **GILLES VALIQUETTE**

5 SEPT **STEVE HILL**

26 SEPT **LUC DE LAROCHELLIÈRE**

AUSSI: SOIRÉE DÉCOUVERTE TOUS LES JEUDIS DE JUILLET ET D'AOÛT

D'AUTRES SPECTACLES VONT S'AJOUTER !
SURVEILLEZ NOS RÉSEAUX POUR NE RIEN MANQUER !



BILLETS: LEPOINTEDEVENTE.COM / SPECTACLES 20H
1064, CH. DES COUDRIERS / 418-438-1010 / AUBERGELAFASCINE.COM

Charlotte! Atelier-Boutique

A real favorite for her clothing line!

9 ateliercharlotte.com
418-438-2321

By stepping into Charlotte! Atelier-Boutique, you enter the world of Pascale Perron, an islander, artist, and textile designer.

Inspired by the river and supported by her studio team, Pascale has been creating a line of clothing, accessories, and jewelry for women and children for nearly 30 years. Men aren't left out, with a wide selection of sweatshirts, unisex T-shirts, and even a jewelry line just for them!

Her mission: to revive textiles from the past true treasures in her eyes. Catalogues, quilts, crochet, and forgotten embroidery are brought back to life in beautiful creations: cushions, tablecloths, soft toys, plant holders, lampshades, stationery, and wall art.

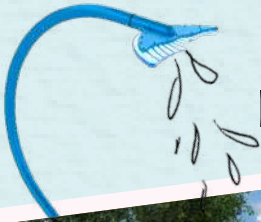
Before stepping inside, take a moment to browse the small vintage thrift corner and uncover hidden treasures. Inside, alongside the artist's work, you'll also find creations by Québec artisans, ceramicists, weavers, and illustrators.

Take your time to look, to feel the textures, to choose a body care product from a lovely selection of Québec-made lines, and maybe even adopt a small plant. Sometimes, it's hard not to leave with everything!



Did you know?

The name Charlotte pays tribute to Charlotte Savard, one of the first children born on L'Isle-aux-Coudres in the early 1700s. A subtle nod to the Isle's history, woven into this colourful and creative atelier.



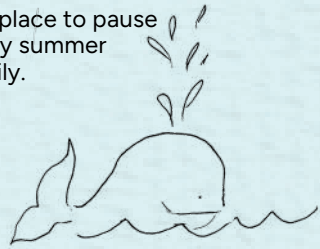
Let's cool off!

14

New this year, starting at the end of June: a splash pad for little ones is coming to L'Isle-aux-Coudres. Located in the municipal park, across from Parc de la Roche à Caya, it's the perfect spot to let kids play and cool off on hot summer days.

It's an easy stop, let the little ones run through the water while you take a moment to relax. Why not bring a picnic and make the most of it?

A lovely place to pause and enjoy summer as a family.



3D Project Plan!



tide schedule



On the Water, Gently

The island's scenery and rhythm make you want to enjoy the river... standing on a paddleboard, feet in the water. But here, the river sets the rules.

It's important to understand the tides, as they can quickly affect movement on the water. The wind can also pick up and become stronger than expected. Before heading out, take the time to check tide schedules and weather conditions, and make sure you can communicate if needed.

Even in summer, the water remains cold—so it's best to be prepared.

For a gentler and safer outing, the dock at Anse Saint-Louis is a great place to glide calmly across the water, standing on your board.



LE PHARE magasin général

17 groupekyrielle.com
418-208-0100

At Le Phare general store, you'll find a wide variety of items that reflect the seaside and the spirit of the Isle. Clothing, jewelry, kitchenware, decorative pieces, and local products come together in a shop that's always worth a stop.

Some pieces echo the charm of homes from the past, while others bring a modern touch to interiors and table settings. You'll also find a few antiques and objects that evoke summers spent on L'Isle-aux-Coudres.

It's a lovely place to pick out a small gift or simply browse through the different sections of the shop. A year-round Christmas corner is set up for those who love decorating their tree with vacation memories.

A charming stop during your tour of the island!



Katya Côté & Patrick Tremblay, Owners

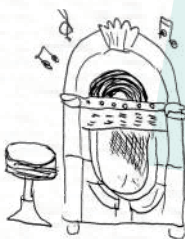


Come visit us!



Bazar, Bidule & Bataclan

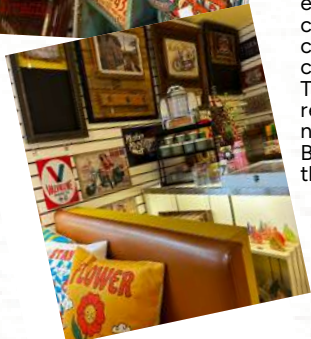
groupekyrielle.com 39
418-208-0100



Vinyl lovers, keep your eyes open!

At Bazar, Bidule & Bataclan, the atmosphere is unmistakably retro. The shop brings together all kinds of items that evoke different eras: metal signs, license plates, vinyl records, clothing, collectibles, and a wide range of pop culture pieces. Music lovers can stroll down "Elvis Boulevard," while others may be tempted by colourful candies or decorative items.

The walls and shelves are filled with a wide variety of objects that recall years gone by. You move from one corner to another, noticing pieces that are sometimes unexpected or amusing. Between a retro sign, a vinyl record, or a unique decorative item, the visit always holds a few surprises.





**CRÉATEUR
D'ÉVÉNEMENTS**

Programmation 2026

- **25 ET 26 AVRIL**
Tournoi de crible
Jean-Normand
- **23 ET 24 MAI**
Week-end
d'ornithologie
- **26 AU 28 JUIN**
L'Isle à cheval
Spectacle du
Carrousel des
chevaux canadiens
- **18 ET 19 JUILLET**
Tournoi de beach
volley mixte
- **15 ET 16 AOÛT**
Guitare tout
le tour, Geneviève
Jodoin, présidente
d'honneur
- **5 SEPTEMBRE**
Journée familiale
Début des classes
- **18 AU 20
SEPTEMBRE**
Foire
agrotouristique
- **30 OCTOBRE**
Soirée Neon Moon
- **21 NOVEMBRE**
Spectacle
folklorique
Noël tout le tour
- **12 DÉCEMBRE**
Spectacle
d'Alain-François



Dates sujettes à changement en cas d'imprévu.

Encore plus de détails sur notre site web

energisle.com 

Propulsé
par :



**A. Tremblay
& Frères ltée**



418 234-3503

Manon
Tremblay



Hélène Ferdais

ferdaismurales@hotmail.ca

A mural artist, Hélène Ferdais has chosen L'Isle-aux-Coudres as her home... and her creative space. Inspired by the river, the landscapes, and the people here, she creates works that blend naturally into the island.

You can spot her murals throughout the Isle, around a bend in the road or on the walls of certain businesses, including Cidrerie & Vergers Pedneault and Alimentation W. Boudreault. Her colourful creations tell their own story of the land and island life.

Taking the time to observe them is also a way of discovering the Isle differently, through the eyes of an artist who has left her mark here.

She also offers a range of products such as bags, placemats, license plates, puzzles, and colouring books, available by email order.

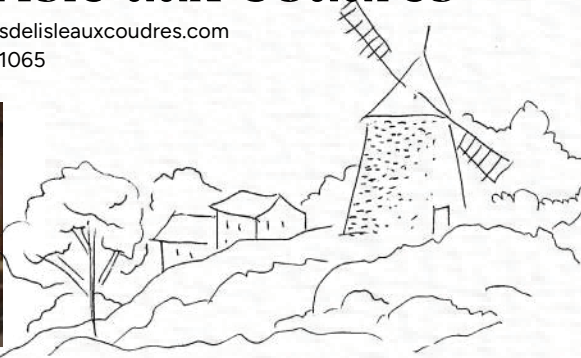


*Hélène Ferdais,
mural artist*



Les Moulins de L'Isle-aux-Coudres

21 lesmoulinsdelisleauxcoudres.com
418-760-1065



An iconic site of island heritage, the Moulins de L'Isle-aux-Coudres bear witness to a know-how passed down for nearly two centuries. Unique in Québec, the site features two mills still in operation: a windmill and a water mill, both run by the same miller who masters these two traditional crafts.

Within these history-filled buildings, grain grown on the island is transformed into artisanal flour, ground using stone millstones. This ancestral process produces high-quality local flour that visitors can purchase directly at the mill shop.

A visit also offers a chance to dive into the history and culture of L'Isle-aux-Coudres. Through the miller's demonstrations and the passionate guides' explanations, you'll discover how the mills operate and the important role they once played in the daily lives of island residents.

The Miller's House completes the experience by showcasing the traditions, customs, and way of life of the past. This interpretation space helps visitors better understand everyday life for island families when the mills were at the heart of the community.

Four permanent exhibitions further enrich the visit. *Hommage à l'ouvrage* highlights island traditions through the work of artist Alfred Desgagnés. *Pour nourrir la mémoire d'un peuple* explores various aspects of filmmaker Pierre Perrault's career, including the making of *Pour la suite du monde*, filmed on the Isle in the 1960s. The *Mi-Carême* exhibition brings to life this traditional celebration still observed on the Isle in winter. Finally, the recreated office of Pierre Perrault, nearly identical to the original, immerses visitors in his world as a writer.

Before continuing your journey, stop by the shop to discover artisanal flours, local handcrafted products, and much more. A must-see visit to experience a vibrant place where heritage, craftsmanship, and island culture come together.



A bag of Isle flour a souvenir you can cook with!



Le 1603

11 le1603.com
418-240-6181



Located in a charming heritage home on the island, Le 1603 boutique offers a world inspired by the nature of L'Isle-aux-Coudres.

Guyline creates a range of handcrafted products made from a respectful harvest of wildflowers and local plants—treasures of the land transformed into soaps, skincare products, herbal teas, dried bouquets, and much more.

You'll also find handmade souvenirs, photos of the Isle, and the shop's well-loved sweet treats.

New this year: massage therapy in the flower studio. In this peaceful space, surrounded by plants and dried bouquets, treat yourself to a moment of relaxation with a massage by reservation. A unique sensory experience inspired by nature and the island's gentle rhythm.

A wellness pause to discover during your visit to L'Isle-aux-Coudres.



*Fleurs miraculeuses cream.
The name says it all—it works wonders!*

Guyline Audet, owner



Galerie de l'artisan



32 418-438-2941



Jocelyne Dufour,
owner

La Galerie de l'Artisan is one of the well-known souvenir shops on L'Isle-aux-Coudres. Here, you'll find a wide selection of items that evoke the sea and island life: handmade knits, nautical pieces, artisan creations, and small keepsakes to take home from your visit.

The boutique brings together a variety of items inspired by the river and local craftsmanship. It's the perfect place for anyone looking for a simple, authentic Isle souvenir.

Outside, a picnic area invites you to stop for a few moments and enjoy the setting. From time to time, the sound of an accordion fills the air, adding to the atmosphere in a setting that recalls summers of the past on the Isle.

*beau temps ↑
mauvais temps ↓*

Past... this is one of the places where you can find the famous coldrier branch!

Cidrerie & Vergers Pedneault

45 charlevoixenligne.com
418-438-2365

It's impossible to talk about L'Isle-aux-Coudres without mentioning Cidrerie & Vergers Pedneault, a well-known family business on the island. For over 100 years, the family has been growing apples, pears, plums, and cherries, staying true to tradition.

Over time, the orchard has developed a wide variety of products: ciders, vinegars, jellies, musts, fruit butters, and jams. The shop also offers a selection of local Charlevoix products.

You can enjoy a tasting, visit the Apple Economuseum, or take part in apple picking in the fall. A wonderful opportunity to discover the craftsmanship of a business that has been part of the island's landscape for generations.



The best sparkling cider!





Musée maritime de Charlevoix

museemaritime.com
418 635-1131

Just across from L'Isle-aux-Coudres, the Musée maritime de Charlevoix is an authentic place that tells the story of wooden schooners. In Charlevoix, nearly 500 of these vessels were built along the shoreline, many of them right here, on the island. Far from conventional, the museum brings to life a historic shipyard dating back to 1946, along with the last preserved schooners in Québec. It's a vibrant site where visitors can step aboard four boats, take the captain's wheel, and experience the work of sailors and shipbuilders of the past. Exhibitions, immersive experiences, an escape game, trails, and aerial obstacle courses everything is designed to help you imagine life on the water in those days. A favourite for families, the museum is a must-visit to discover an important part of the region's history in a hands-on way.





présente

BEAU DEVANT!

Du **27 JUIN** au
22 AOÛT
2026

FESTIVAL
INTERNATIONAL
DU DOMAINE
FORGET DE
CHARLEVOIX

DÉCOUVREZ
NOTRE FESTIVAL



Billetterie : 1 888 336-7438
domaineforget.com



Domaine
Forget
Charlevoix

CALQ

Conseil
des arts
et des lettres
du Québec

Tourisme

Québec



Financé par le
gouvernement
du Canada

Canada



Émilie's Seasons

It's well known, summer brings a vibrant energy to L'Isle-aux-Coudres. Days fill up with activities, shows, and encounters. We make the most of the season, and we cross paths with you here and there you who have chosen our little corner of paradise for your stay.



It's alive, it's moving, it feels like summer everywhere! Then autumn settles in. The pace slows gently. Colours begin to appear in the trees and stretch all the way to the mountains of Charlevoix. It's apple season: we fill our bags... then bake pies! We head out for walks, just a little more bundled up.





But one question keeps coming back:
What do Marsouins do in winter?

In winter, we breathe in the fresh air of the river.
We marvel at the light that fills the sky above the Isle.
We go snowmobiling, snowshoeing, cross-country skiing, fat biking.
We watch the ice canoe race, we play Picklit, we go bowling.
We grab coffee with friends. We chouenne without end.
We celebrate Mi-Carême, too! We keep an eye out for the return of the baker and his fresh bread delivered right to our door.
We send our kids outside to play, to slide down snowbanks (yes, really snowbanks).
We make our way around the island, grateful for this place we call home.

That's what we do in winter, here on the Isle.

L'ISLE AUX COUDRES

Legend

- ? TOURIST INFORMATION
- GROCERIE
- READY-TO-EAT
- CLSC DRUGSTORE
- PUBLIC TOILETS
- PANORAMIC VUE
- BIRDS OBSERVATION
- ATM
- PLAYGROUND
- WATER GAMES
- REST AREA
- ELECTRIC CAR CHARGING STATION
- GAZ STATION
- MUSEUM
- PARKING
- RESTAURANT
- LODGING
- MUSIC SHOW
- THEATER
- BOUTIQUE
- CAMPING
- RIVER ACCESS RAMP
- BIKE RENTAL
- LOCAL PRODUCER / BOUTIQUE
- BEAUTY AND HEALTH CARE
- COMMUNITY CENTER
- POST OFFICE
- QUINCAILLERIE / GARAGE
- DEA EXTERN AUTOMATED DEFIBRILLATOR



Legend trails

--- SNOWMOBILE TRAIL

..... CROSS-COUNTRY SKI TRAIL

..... MULTI-USE TRAIL FOR SNOWSHOEING,
CROSS-COUNTRY SKIING, WALKING,
(SUMMER & WINTER)



Island tour Heritage trail

- | | |
|--|--|
| A LE CIMETIÈRE DES FRANÇAIS | J LA CHAPELLE SAINT-ISIDORE |
| B LE PHARE DE POINTE DE LA PRAIRIE | K L'ÉVOLUTION DE L'ISLE-AUX-COUDRES |
| C GOÉLETTES | L LES MOULINS DE L'ISLE-AUX-COUDRES |
| D LE PÂTÉ CROCHE | M LE QUAI DE L'ANSE |
| E LA ROCHE À CAYA | N LE PILIER |
| F LA PÊCHE AUX MARSOUNS | O LA MI-CARÊME |
| G LE CHEMIN DE CROIX DE
L'ISLE-AUX-COUDRES | P LA LÉGENDE DE LA ROCHE PLEUREUSE |
| H LA CHAPELLE SAINT-PIERRE | Q LA PÊCHE À LA FASCINE |
| I L'ÉGLISE SAINT-LOUIS | R LE CANOT À GLACE |
| | S L'ÉGLISE SAINT-BERNARD &
L'EAU DE PÂQUES |

We are proud of our local businesses. Our members contribute to making our island vibrant, welcoming, and full of discoveries.



EVENTS & ACTIVITIES

-  **Autocueillette - Cidrieie Vergers Pedneault**
 www.charlevoixenligne.com
 418 438 2365
- 45** **Club de motoneige Isle-aux-Coudres**
 F: @clubmotoneigeisleauxcoudres
 418 435 1502
- 3** **Comité des Loisirs de l'Isle-aux-Coudres**
 F: @Comitedesloisirs
 418 760 1060
- **Énerg'Isle**
 www.energisle.com
- 15** **L'Échappée de L'Isle-aux-Coudres**
 www.echappeeiac.com
 581 996 6400
- 20** **FADOQ Isle-aux-Coudres**
 isleauxcoudres@fadoq-quebec.qc.ca
 418 438 2309
- 1** **Grand Défi des Glaces - La Grande Traversée**
 defidesglaces@gmail.com
 418 438 2996
- 47** **L'Étala - Quilles**
 www.charlevoixenligne.com
 581 500 2735
- 48** **Le marché des Fabriqueux**
 F: @marchedesfabriqueux
 418 600 8415
- 40** **La pêche à Mailloux**
 lapechealafascine@outlook.com
 418 438 2600
- 13** **Le Rucher de l'Isle**
 F: @Rucher de l'Isle aux Coudres
 418 438 2232

30

- 30** **Le théâtre de l'Isle - Les Productions du rire**
 www.lesproductionsdurire.com
 514-346-8643
- 21** **Les Moulins de L'Isle-aux-Coudres**
 www.lesmoulinsdelisleauxcoudres.com
 418 760 1065
- 1** **Marche de Compostelle - Association du Québec à Compostelle**
 www.duquebecacompostelle.org
 418 933 9603
- 3** **Tournoi de hockey, Sport action**
 F: @sportaction.iac
 418 240 0848
- 49** **Symposium - Une bouffée de couleurs**
 www.symposiumunebouffeedecouleurs.ca
 581 982 1701
- 15** **Tournoi de Balle !AC**
 F: @Carnaval iac
 418 956 7086
- 33** **Centre Vélo-Coudres**
 www.velocoudres.com
 418 438 2118

AGRITOURISM & FOOD

- 44** **Alimentation W. Boudreault (SAQ)**
 F: @alim.boudreault
 418 438 2366
- 46** **Aux fruits du biscuiter**
 www.auxfruitsdubiscuiter.com
 418 600 8123
- 12** **Boulangerie Bouchard**
 www.boulangeriebouchard.com
 418 438 2454

AGRITOURISM & FOOD

- 45** **Cidrie Vergers Pedneault**
www.charlevoixenligne.com
418 438 2365
- 41** **Épicerie Chez Paul**
www.epiceriechezpaul.com
418 438 2492
- 21** **Les Moulins de L'Isle-aux-Coudres**
www.lesmoulinsdelisleauxcoudres.com
418 760 1065
- 13** **Le Rucher de l'Isle**
F: @Rucher de l'Isle aux Coudres
418 438 2232

ASSOCIATIONS & ORGANIZATIONS

- 50** **Ancrage de L'Isle-aux-Coudres**
F: @ancrageisleauxcoudres
418 438 1616
- 1** **Association du Québec à Compostelle**
www.duquebecacompostelle.org
418 933 9603
- 3** **Cercle des fermières de L'Isle-aux-Coudres**
F: @Cercledefermieresdestbernardisleauxcoudres
418 760 1067
- **Chambre de commerce de Charlevoix**
www.creezdesliens.com
418 760 8648
- **Club de motoneige Isle-aux-Coudres**
F: @clubmotoneigeisleauxcoudres
418 435 1502
- 20** **FADOQ Isle-aux-Coudres**
isleauxcoudres@fadoq-quebec.qc.ca
418 438 2309
- 3** **Comité des Loisirs de l'Isle-aux-Coudres**
F: @comitedesloisirsisleauxcoudres
418 438 2309
- 3** **Sport-action IAC**
F: @sportaction.iac
418 240 0848
- 3** **Tourisme Charlevoix**
www.tourisme-charlevoix.com
418 665 4454

BARS & SHOWS

- 4** **Auberge la Fascine**
www.lafascine.com
418 438 1010
- 36** **Hôtel du Capitaine**
www.hotelducapitaine.com
418 438 2242
- 47** **L'Étale, restaurant & Microbrasserie**
www.charlevoixenligne.com
581 500 2735
- 30** **Le théâtre de l'Isle - Les Productions du rire**
www.lesproductionsdurire.com
514-346-8643

SHOPS

- 39** **Bidule Bazar et bataclan**
groupekyrielle.com
418 208 0100
- 9** **Charlotte! Atelier, Boutique**
www.ateliercharlotte.com
418 438 2321
- 6** **Fleuriste de l'Isle (Quincaillerie Ovila Dufour)**
F: @quincaillerieetgarageoviladufour
418 438 2408
- 48** **La Fabrique de l'Isle (Galerie d'Art)**
www.lafabriquedelisle.com
418 600 8415
- 32** **La Galerie de l'artisan**
enouck9@hotmail.com
418 438 2941
- 11** **Le 1603**
www.le1603.com
418 240 6181
- 7** **Le Monde de Sarah**
lemondedesarah@icloud.com
581 459 3261
- 17** **Le Phare - magasin général**
groupekyrielle.com
418 410 1212
- 21** **Les Moulins de L'Isle-aux-Coudres**
www.lesmoulinsdelisleauxcoudres.com
418 760 1065
- 22** **Venue d'ailleurs**
Sculpture sur pierre
418 438 2435



COFFEE SHOPS

- 46** **Aux fruits du biscuiter**
auxfruitsdubiscuiter.com
418 600 8123
- 48** **La Fabrique de l'Isle**
www.lafabriquedelisle.com
418 600 8415

LODGINGS & CAMPINGS

- 4** **Auberge la Fascine**
www.lafascine.com
418 438 1010
- 38** **Au Marsouin sur le fleuve**
514 378-3095
- 16** **Berceau de l'Anse**
www.auborddufleuve.ca
418 956 1417
- 28** **Camping et Motel Leclerc**
www.famille-leclerc-charlevoix.net
418 438 2217
- 51** **Chalets au coeur de l'Isle**
www.chaletsaucoeurdelisle.com
418 438 1059
- 10** **Chalet au pied de la côte**
F: @chaletaupieddelacôte
418 655-8679
- 26** **Chalet Brio**
www.briorenodesign.com/
418 496 6333

- 2** **Chalet L'Amarré**
nathboudreault@hotmail.com
418-953-4017

- 8** **Chalets et Camping Sylvie**
www.campingsylvie.com
418 438 2420

- 35** **Chalets, Camping du Ruisseau Rouge**
www.chaletscampingruisseaurouge.ca
418 438 2128

- 29** **Hôtel Cap-aux-Pierres**
www.hotelcapauxpierres.com
418 438 2711

- 36** **Hôtel du Capitaine**
www.hotelducapitaine.com
418 438 2242

- 25** **La Contemporaine**
F: @LaComtemporaineL'IsleauxCoudres
581 996 1026

- 42** **La maison du Nordet**
www.lamaisondunordet.com
418 240 5484

- 18** **Le Gouvernail**
438 522 5669

- 34** **Les chalets du Bout d'en Bas**
www.chaletsduboutdenbas.com
418 438 2192

- 14** **L'insulaire, L'Isle-aux-Coudres**
418 580 4433

- 23** **Maison chez Mariette**
514 715 6625

- 5** **Maison chez Tante Ghislaine**
418 930-7530

BIKE RENTAL

- 33** **Centre Vélo-Coudres**
www.velocoudres.com
418 438 2118



RESTAURANTS & READY-TO-EAT

- 4** **Auberge la Fascine**
www.lafascine.com
418 438 1010
- 12** **Boulangerie Bouchard**
www.boulangeriebouchard.com
418 438 2454
- 28** **Casse-croûte Le Crouton
Camping et motel Leclerc**
www.famille-leclerc-charlevoix.net
418 438 2217
- 41** **Épicerie Chez Paul**
www.epiceriechezpaul.com
418 438 2492
- 29** **La Marée Haute - Hôtel Cap-aux-Pierres**
www.hotelcapauxpierres.com
418 438 2711
- 36** **La Marjolaine - Hôtel du Capitaine**
www.hotelducapitaine.com
418 438 2242
- 48** **La Fabrique de l'Isle**
www.lafabriquedelisle.com
418 600 8415
- 47** **L'Étala, restaurant & Microbrasserie**
www.charlevoixenligne.com
581 500 2735
- 37** **Restaurant le Corylus**
www.charlevoixenligne.com
418 600 8013

SERVICES

- 40** **Atelier Zig-Zag**
@AtelierZigZagIAC
418 438 2600
- \$** **Caisse Desjardins de Charlevoix**
F: @caisseileauxcoudres
418 438 2555
- 48** **Carococo, illustration
& design graphique**
F: @carococoillustrations
418 600 8415

- 31** **G.F.F.M. Leclerc**
www.gffmleclerc.com
418 438 1266
- 24** **Halte du Pilier**
www.municipaliteiac.ca
418 760 1060
- **Hélène Ferdais, artiste muraliste**
www.heleneferdaiss.com
514 476 0298
- **K.N. comptabilité**
F: @kncomptabilité
418 925 4265
- 3** **Municipalité de L'Isle-aux-Coudres**
www.municipaliteiac.ca
418 760 1066
- +** **Pharmacie Dominic Dorion**
F: @pharmaciedomincdorion
418 438 2148
- 6** **Quincaillerie & Garage Ovila Dufour**
F: @quincaillerieetgarageoviladufour
418 438 2408
- 1** **Société des Traversier du Québec**
www.traversiers.com
877 787 7483
- 27** **Solution DÉ multiservices**
de.solutions@hotmail.com
418-240-5159

CARE & MASSOTHERAPY

- 43** **Esthétique K**
F: @esthetiquek
418 633 7509
- 11** **Le 1603**
www.le1603.com
418 240 6181

GAZ STATIONS

- 41** **Épicerie Chez Paul - Pétro-Canada**
www.epiceriechezpaul.com
418 438 2492
- 6** **Quincaillerie & Garage Ovila Dufour - Irving**
F: @quincaillerieetgarageoviladufour
418 438 2408



A Taste of the Isle



Le Corylus

37 charlevoixenligne.com
418-600-8013

Just steps from Maison Croche, Corylus offers stunning views of the river and the mountains. Its terrace is a true highlight perfect for settling in and taking in the scenery.

People come as much for the setting as for the food. The cuisine highlights Charlevoix products through inspired, well-executed dishes that celebrate local flavours.

Whether it's a romantic meal or time with friends, you come here to enjoy great food... and simply take the time to savour the moment!



L'Étale microbrasserie et restaurant

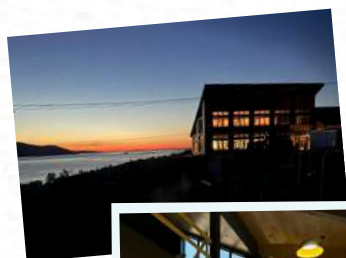
47 charlevoixenligne.com
581-500-2735

L'Étale offers a modern, bright, and welcoming space where it's a pleasure to gather.

L'Étale offers a modern, bright, and welcoming space where it's a pleasure to gather. The atmosphere is friendly and appeals to both families and groups of friends.

You come here first and foremost to enjoy a good meal, in a relaxed setting where everyone can find something they like. The cuisine is simple, flavourful, and accessible perfect after a day exploring the island.

You can also discover a great selection of craft beers, to enjoy on-site or take to go. The bowling lanes are part of the experience and add a fun, playful touch.



NOTE
*Rainy day?
Head to the bowling
lanes!*

La Fabrique de L'Isle

48 lafabriquedelisle.com
418-600-8415

Located in the former presbytery, La Fabrique de L'Isle is a place with a vintage maritime feel where it's always a pleasure to stop by, no matter the time of day. People come for their delicious coffee, a bubble tea, their tasty breakfasts, a panini, or a colourful salad.



Inside, a boutique corner offers clothing, illustrations, and original creations from here, featuring the unique touch of Carol-Anne Pedneault and Pascale Peron the two creators behind this more-than-charming space. You'll also find a few shelves of books to browse through, coffee in hand, as well as a small gourmet section to enhance your picnics.

Upstairs, it's a place to settle in, relax, or get a bit of work done there's even a fun corner for kids

Out back, the terrace and yard invite you to stay a while. Rain or shine, it's a spot to chat, read, or simply enjoy the moment. On summer weekends, the Marché des Fabriqueux takes place under the sheds. Local creators and producers come to meet you and share their work and products.

A lively place where it's a pleasure to make your own good times.

ISLE-AUX-COUDRES
LA VIE
EST BELLE
SUR UNE
ÎLE
MARCHÉ DE L'ISLE / CHARLEVOIX, QC



*A morning tortilla,
La Femme du Capitaine,
a cappuccino,
and a good novel on the
terrace...
hard to beat!*

La Marée Haute

29

hotelcapauxpierres.com
(418) 438-2711
1-888-554-6003

At Hôtel Cap-aux-Pierres, the restaurant La Marée Haute offers a generous American-style breakfast buffet, served from 7:00 a.m. to 10:00 a.m. perfect for starting the day right.

In the evening, from 6:00 p.m. to 8:30 p.m., a 3- or 4-course table d'hôte menu provides a refined dining experience. An à la carte menu is also available, inspired by local ingredients and French tradition, to suit every taste in a warm and welcoming atmosphere.

The view of the river accompanies every meal, adding to the pleasure of sitting down to eat from morning to evening!



pot-au-feu! ↗

La Marjolaine

36

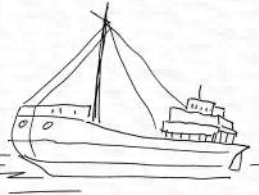
hotelducapitaine.com
1-888-520-2242



Located at Hôtel du Capitaine, the restaurant La Marjolaine offers a cuisine that evolves from morning to evening.

At breakfast, you'll find classics such as eggs Benedict, French toast, and eggs, along with fresh fruit and homemade products, as well as lighter options. Charlevoix products are well represented and we love it! In the evening, Chef Sébastien Larbre presents a cuisine inspired by the local terroir, where meats, fish, seafood, and pasta are featured in a menu that changes daily.

And on certain evenings, music joins the table with the talented Caroline and Marie-L'Éau, along with their guests.



*The Tourniquette crêpes...
A must-try!* ↙

Pâté croche

Here, *pâté croche* is deeply rooted. Every family has its own version, but everyone agrees on one thing: it's part of the Isle.

This small, golden half-moon pastry, filled with pork and veal, is baked all at once, creating a perfectly blended mix of flavours. Nothing complicated, but a whole lot of know-how! From one family to another, the recipe varies a little. Some make a scalded dough, others don't. There may be more or less onion, with or without potatoes. It changes and that's exactly how it should be.

Its origins lie somewhere between history and legend. Back when the island wasn't yet connected to the mainland by ferry, men had to cross the river by canoe to reach the north shore. At first, they would bring round pies, like the ones we know today. But after a crossing shaken by wind and waves, they often arrived... all crooked. The story goes that a canoeer once asked for a half-moon version better sealed, easier to hold with one hand, and simple to slip into the pocket of his shirt for the journey.

Others remember large families of the past, where these small portions were prepared so that everyone would have their own. They were served at special occasions such as weddings and baptisms, or as a starter rather than a main course. Sometimes, they were even tucked into Christmas stockings, alongside an orange. And between these two versions... everyone has their own, just like with the recipe. Both are good, anyway!

Today, *pâté croche* is still very much alive. It's still made, still shared, and remains part of what is passed down here, simply.



NOTE
For me, it's for
breakfast
with fruit ketchup and
a good cup of coffee

Didi's Gourgane Soup

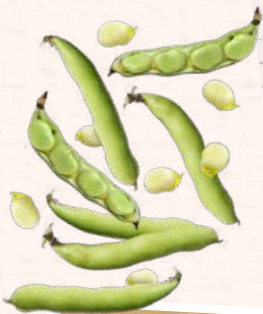
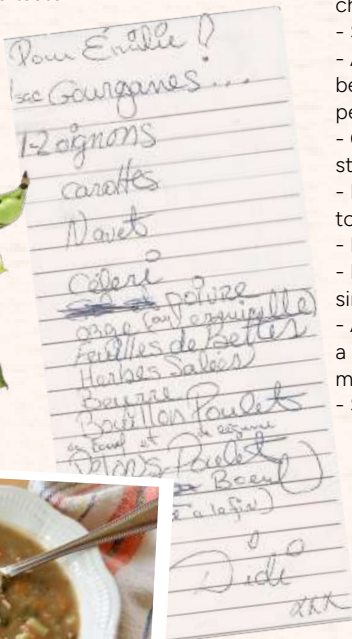
Ingredients

- 2 tbsps butter
- 1 large onion, chopped
- 1 cup carrots, cut into pieces
- 1 cup celery, cut into pieces
- 1 cup turnip, cut into pieces
- 2 chicken drumsticks or 1 large soup bone
- 2 L chicken broth
- 2 L beef broth
- 1 cup beet greens, chopped
- 1 bag (454 g) frozen gourganes (fava beans)
- ½ cup barley
- 1 heaping tbsp salted herbs
- Pepper, to taste



Préparation

- In a large pot, melt the butter over medium heat.
- Add the onion, vegetables, and chicken drumsticks (or soup bone).
- Sauté (sweat) for about 2 minutes.
- Add the gourganes (fava beans), beet greens, barley, salted herbs, and pepper.
- Continue cooking for 1 minute, stirring.
- Pour in the chicken and beef broth to cover.
- Bring to a boil.
- Reduce the heat, cover, and let simmer on low for 1½ to 2 hours.
- Adjust seasoning if needed and add a little water if the soup thickens too much.
- Serve hot and enjoy.



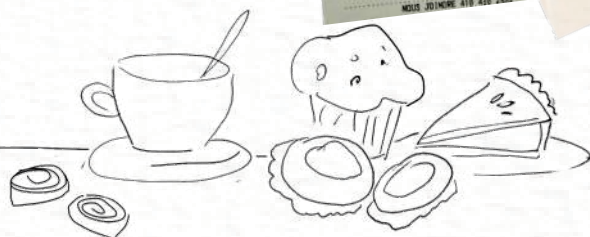
Épicerie Chez Paul

41 epiceriechezpaul.com
418-438-2492

Much more than just a gas station, Chez Paul is a stop where the smell of fresh bread and warm buns greets you as soon as you walk in. You'll find *pâtés croches*, the famous trout pies, takeaway subs... and many other delicious treats! A true island classic for a quick bite and to fuel up for the road.



*Their pets de soeur...
two... ok, and one
more—why not!*



Aux fruits du biscuitier

46 auxfruitsdubiscuitier.com
418-600-8123

At Aux Fruits du Biscuitier, you step into a sweet world that delights both kids and adults alike. People come for their homemade cookies and shortbread, but also for their generous ice creams and seasonal creations.

Inside, the shelves are filled with treats, confections, and delicious gift ideas. Outside, the terrace and small tables invite you to take a break.

Open year-round, it's a beloved stop for both visitors and locals no matter the season.



*An ice cream,
why not?
On vacation, it's
almost a must!*



Boulangerie Bouchard

418-438-2454
boulangeriebouchard.com



There are places you visit.
And others you feel.



Since 1945, Boulangerie Bouchard has been part of the landscape of L'Isle-aux-Coudres. The same recipes, the same fire, the same passion. Here, things are done simply just as they always have been.

Generations of islanders have grown up with pâtés croches, warm bread, and golden brioche fresh out of the oven. Scents that leave a mark and become part of everyday life. Even today, the smell of fresh bread blends with the salty air of the river.

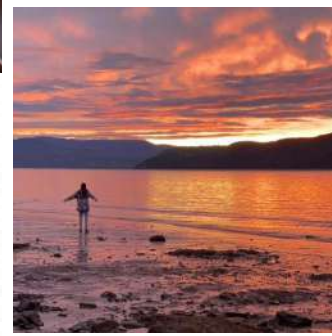
Recently, the business was taken over by a young local entrepreneur, Francis Boudreaultan islander with a deep love for the Isle. He carries on the work with care, keeping the spirit of the place very much alive. You stop in for fresh bread, a pâté croche, or something sweet. You'll also find delicious rillettes and a selection of local products to take home. It's the kind of place you walk into for one thing... and leave with a little more.

You can also enjoy lunch on-site, outside, with a beautiful view of the river.



*The brioche,
the pâtés croches,
the pies... When in
doubt, take it all!*





Where to Stay



Hôtel Cap-aux-Pierres

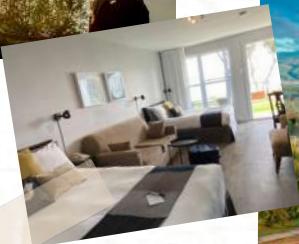
29

hotelcapauxpierres.com
418 438-2711
1-888-554-6003

Hôtel Cap-aux-Pierres, with its 45 rooms and 52 outdoor units, offers contemporary comfort. Set on higher ground, the site provides stunning views of the river and breathtaking sunrises.

On-site, you'll find two heated pools (indoor and outdoor) and a restaurant perfect for taking the time to eat and relax without having to go anywhere. The welcome is warm, true to the spirit of the Isle.

A long-standing part of the landscape, Hôtel Cap-aux-Pierres is one of those well-rooted places on the Isle that people love coming back to.



Hôtel du Capitaine

36

hotelducapitaine.com
1-888-520-2242

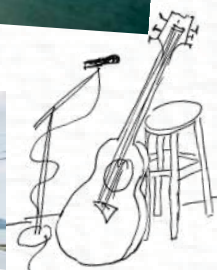
Hôtel du Capitaine is celebrating 65 years of hospitality on L'Isle-aux-Coudres this year. Behind this place is the Desbiens family the longest-standing hotel-owning family in Eastern Québec carrying on a deeply rooted tradition. Today, Caroline, Pascal, and their daughter Marie-L'Eau continue the story with the same spirit.

Over the years, many notable figures from Québec have stayed here, from René Lévesque to Pierre Perrault.

The rooms and motel units, renovated and comfortable, offer a warm setting where you can still feel the family atmosphere that defines the place.

The saltwater pool, with its stunning view of the river, adds to the enjoyment of your stay.

Here, your furry friends are welcome!!





Chalet Brio



briorendesign.com
418-496-6333

At Chalet Brio, light and the river take center stage. Large windows let the landscape in, shifting with the rhythm of the seasons.

Imagined by designer Nathalie Bisson, the chalet offers a thoughtfully designed space where modern comfort meets a bold aesthetic. Materials, textures, and details have been carefully chosen to create an atmosphere that is both warm and elegant.

It's a place to slow down, enjoy the calm, and truly settle in. A space where you feel at ease, carried by the light, the river, and a different sense of time.



So classy!



Traditional weir fishing





To preserve the beauty and tranquility of the Isle, wild camping and overnight parking for RVs and vans are prohibited in public areas.

Thank you for supporting our designated campgrounds.

Camping et motel Leclerc

28 famille-leclerc-charlevoix.net
418 438-2217

Located on La Baleine coast, Camping Leclerc offers a spacious, well-designed setting with a friendly atmosphere. The welcome is warm, the facilities are well maintained, and the playground allows both children and adults to fully enjoy their stay.

A partial view of the river adds to the peacefulness of the site, and an on-site snack bar completes the experience perfectly!

Best snack bar on the Isle!



Chalets et camping du Ruisseau rouge

35 chaletscampingruisseaurouge.ca
418 438-2128



At the eastern tip of the Isle, Camping du Ruisseau Rouge offers a spacious riverside site with open views of the Charlevoix mountains. You'll find fully equipped cabins, ready-to-camp shelters, and several sites for tents and RVs.

The peaceful setting, the proximity to the water, and access to the Bout-d'en-Bas park make it an ideal place to enjoy the outdoors.

A pool, playgrounds, Wi-Fi, and a common room are also available on-site. Everything you need for a wonderful stay in the great outdoors!



Tell Me Your Isle

I went to meet the elementary and high school students of École Saint-Pierre. This year, I wanted to give them a place in the guide to express themselves.

Yes, for you, visitors, L'Isle-aux-Coudres is first and foremost about attractions, businesses, and landscapes. But for them, it's everyday life.

So I asked them a simple question: what is the Isle to you? Is it the home where you grew up? Tractor rides with your grandfather? There's no right answer... just tell me your Isle.

Here are a few of their answers.

<< There are a lot of cormorants on the Isle. >>



Le paysage de L'Isle
Ulysse Desgagnés, 5^e année



Pêche au soleil
Eliot Tremblay, 5^e sec.



Étienne Gagné, 1^e année



La Mi-Carême
Zachary Bouchard, 4^e sec.

The students' artwork will be on display at the Moulins de L'Isle-aux-Coudres this summer!





La bibliothèque municipale
Célian Sauvé Deschênes, 4^e année

<< c'est à place I go to often >>



Le poème de l'Isle
Mégan Lappas, 4^e sec.

<< My move to L'Isle-aux-Coudres >>

*<< I like going for walks in the forest
and hearing the sound of the oaks >>*



L'arbre
Jolyanne Jacob, 5^e sec.



Les pommiers
Maïka Dufour, 3^e année

<< I like going apple picking >>



Collage
Charles Laforest, 4^e sec.



Jacob Boudreault, préscolaire

*One thing is certain: the Isle
is home to an
amazing genera-
tion... and we're
proud of it!*

3 Beautiful Walks



5.4 km

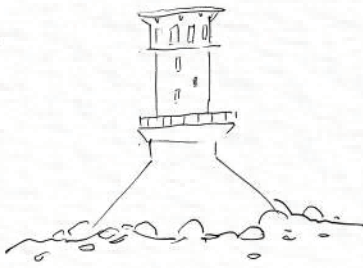
Saint-Louis

A pleasant stroll through the village, between heritage and scenery well worth the detour best enjoyed at a relaxed pace.

1. Halte du Pilier
2. Moulins de L'Isle-aux-Coudres
3. Saint-Louis Church
4. Le Phare, general store
5. Saint-Louis Wharf

Back to the starting point!





Le Phare

A long walk along the river, filled with little stops, discoveries, and open views of the water.

1. Parc de la Roche à Caya
2. Chemin des Prairies
3. Côte à Picoté
(Go straight or take the hill)
4. Viewpoint of the Isle Lighthouse
5. Le 1603
6. Boulangerie Bouchard
7. Le rucher de L'Isle

Back to the starting point!

9 km



Le Bout d'en bas

Parc de la Pointe du Bout-d'en-Bas is a natural, untamed space where the river, wildlife, and plant life are ever-present. It's an accessible spot where both young and old can enjoy the outdoors, between shoreline and vegetation.

An enhancement project is currently underway. This summer, you may come across certain areas under construction, but it doesn't take away from the pleasure of discovering this beautiful place.

The 1.8 km loop allows you to explore the site at a relaxed pace and enjoy the fresh, open air.

1.8 km



In 2024, Marilyn Castonguay took the stage to receive the Gêmeaux Award for Best Leading Actress for the series *C'est comme ça que je t'aime*. She shared a line that still resonates: "I was just a little girl from L'Isle-aux-Coudres who allowed herself to dream as far as the horizon and as big as the St. Lawrence River."

We asked her to dive back into her memories her summers, her vacations, her Isle.

L'Isle-aux-Coudres

(par Marilyn Castonguay)

There is nothing more comforting to me than the view of the horizon from Cap-à-la-Branche... with the mountains of Le Massif de Petite-Rivière-Saint-François rising as high as the roots that anchor me to this island run deep.

My vacation memories here are so gentle, so simple, and so warm... When I close my eyes, all my senses bring me back to my life as an islander... it's the smell of low tide that rises as I ride around the island something I've done so often, always trying to beat my best time from the last ride...

It's the taste of the salty water in the pool at Hôtel Les Voitures d'Eau, mixed with the chicken guéville and cream soda enjoyed after a day under the blazing sun... It's the campfires along the shore at dusk, surrounded by friends some singing, some lost in the glow of the flames, others sharing the latest story of the day... It's laps and laps in the car with far too many people packed inside...

It's improvised baseball games between neighbours because there were just enough of us to form two teams...

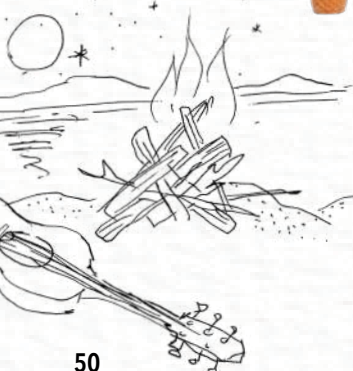
It's mud fights during long afternoons by the shoreline... and waiting for the tide to come back in to wash it all away...

Summer on L'Isle-aux-Coudres is about reconnecting with yourself, with others, with the elements around you...

It's about embracing life slowly... simply... and tasting happiness in its purest form with a good soft-serve ice cream... a happiness I rediscover every time I set foot there on a beautiful day in July :)



Marilyn Castonguay
Actress, islander

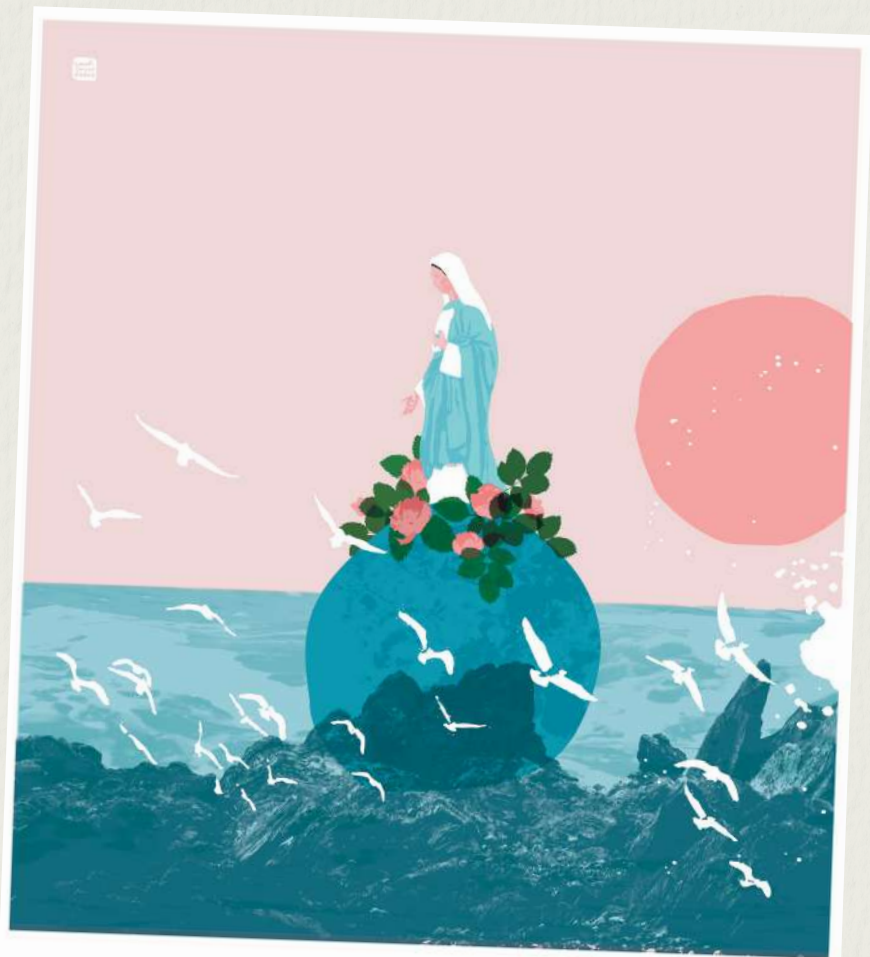


Marilyn



*En attendant le bateau à St-Jos
Robert Thibeault ©2026*





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marie maries -

Carococo © 2015
Illustration taken from her
oracle card deck "Our Tides"

ÎLE D'HORIZONS



photo © pascale dufour

 L'ISLE
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